Predicting DME recurrence following surgical treatment for diabetic maculopathy in a Ukrainian population of patients with type 2 diabetes mellitus

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Background: Recurrent diabetic maculopathy (DMP) and diabetic macular edema (DME) may develop in the early or late period even after an advanced vitreoretinal procedure. It has been reported that the recurrence rate at one month and at one year after vitreoretinal surgery varied from 6.6% to 20.8% and from 20.8% to 83.3%, respectively.

Purpose: To develop a model for predicting recurrence of DME after surgical treatment for DMP in the Ukrainian population of patients with type 2 diabetes mellitus (T2DM).

Material and Methods: The study included 313 patients with T2DM (313 eyes) who underwent various types of vitreoretinal surgery. Preoperatively, enzyme-linked immunosorbent assays were used to determine blood PDGF-BB, TNF α and ET1 levels, and polymorphisms of PDGFB (rs1800818) and TNF α (rs1800629) were investigated by real-time polymerase chain reaction. At months 1, 3, 6 and 12 after surgery, incidence of DME recurrence and associations of DME recurrence with the characteristics under study were assessed. Multivariate logistic regression analysis was used to develop a model in Statistica 10 (GLZ; StatSoft, Tulsa, OK, USA).

Results: Index of diabetic macular edema progression (DMEI) was used as the dependent variable and calculated as the mean speed of change in central retinal thickness (CRT) over a year after the initiation of treatment for DMP. SNP rs1800818 in PDGFB, SNP rs1800629 in TNFa, blood PDGF-BB level, and CRT0 were found to be significant predictors of the risk for postoperative DME recurrence. The calculation of DMEI values allowed to divide possible genotype combinations into three groups: those promoting the regression (CC-GG; CC-GA; TC-GG), those with a stable DMEI value (TC-GA and TC-AA), and those promoting the progression of DME

Conclusion: The prediction of DME recurrence after various types of vitreoretinal surgery combined with other methods of surgical treatment for DMP in a Ukrainian population of patients with T2DM is based on the determination of gene polymorphisms of PDGFB and TNFa.

Introduction

Diabetic maculopathy (DMP) which is severe and resistant to conservative and laser treatment, intravitreal anti-VEGF therapy and steroid therapy; DMP with epimacular membrane formation and changes in the internal limiting membrane (ILM), presence of retinal tangential traction or retinal axial traction (vitreomacular syndrome, vitreous changes, partial vitreous hemorrhage, central preretinal and subhyaloid hemorrhages); and diabetic macular edema (DME) with the presence of retinal fibrovascular membranes and risk for tractional retinal detachment, are treated with surgery which includes

vitrectomy with endolaser coagulation of the retina, gasand-air or silicone tamponade, removal of the posterior hyaloid, and, if required, ILM peeling [1-5]. However, recurrent DMP and DME may develop in the early or late period even after an advanced surgical procedure. It has been reported [6] that the recurrence rate at one month and at one year after vitreoretinal surgery varied from 6.6% to 20.8% and from 20.8% to 83.3%, respectively.

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The DME recurrence rate after vitreoretinal intervention is performed may vary depending on the combination of methods used as well as the preoperative state of the eye [1, 3, 5, 7]. We have previously reported that a DME recurrence rate at one after surgery was 29.8% [8]. In addition, the recurrence rate depended on the stage of diabetic retinopathy (DR) immediately before treatment, with a maximum recurrence rate of 33.7% found for proliferative DR. Moreover, the DME recurrence rate varied from 84% to 100% depending on the type of vitreoretinal surgery [9].

The above findings warranted the development of the system for predicting recurrence of DME after surgical treatment for DMP on the basis of biochemical markers of the pathological process [10, 11]. We believed that endothelial dysfunction characteristics, such as endothelin-1 (ET1), rumor necrosis factor (TNF)- α , and platelet-derived growth factor (PDGF-BB) could be used as such markers [12].

Well-known risk factors for DME also include disease duration and stage, obesity, arterial hypertension, genetic polymorphisms, etc. [13, 14].

The purpose of the study was to develop a model for predicting recurrence of DME after surgical treatment for DMP in a Ukrainian population of patients with type 2 diabetes mellitus.

Material and Methods

The study included 313 patients with T2DM (313 eyes) and diabetic maculopathy. These included patients with mild nonproliferative DR (NPDR; Group 1; n=40), moderate or severe NPDR (Group 2; n=92), and proliferative DR (PDR; Group 3; n=181). Patients underwent an eye examination according to the ETDRS protocol, which included visual acuity assessment, static Humphrey perimetry (Humphrey Field Analyzer (HFA II-i, Carl Zeiss Meditec, Dublin, CA, USA)), refractometry (RK 600, Reichert, Inc., Depew, NY), autorefractometry (Accuref-K 9001, Rexxam Co., Osaka, Japan), tonometry (Topcon CT-80, Topcon Corp, Tokyo, Japan), gonioscopy with Goldmann three-mirror lens (Volk Optical, Mentor, OH), slit-lamp biomicroscopy with SL120 and SL130 (Carl Zeiss Meditec) and Volk Super Field lens and Goldmann three-mirror lens (Volk Optical), fundus photography (the ETDRS seven standard fields) with the fundus camera TRC-NW7SF (Topcon, Tokyo, Japan) and ocular ultrasonography (Sonomed E-Z scan AB 5500, Sonomed Inc., Lake Success, NY).

In addition, spectral domain optical coherence tomography (SD-OCT; Copernicus REVO, Optopol Technology Sp, zo.o, Zawiercie, Poland; scan programs, Retina 3D and Retina Raster) and OCT (Retina Angio mode) were performed.

Fluoresecein angiography (FA) was performed with the fundus camera if (a) mild vitreoretinal neovascularization or proliferation was suspected but not identified with ophthalmoscopy or fundus photography or (b) the visual function did not correspond either to ophthalmoscopic changes in the macula or OCT findings.

Severity of DR and DMP was graded as per the International Clinical Diabetic Retinopathy and Diabetic Maculopathy Disease Severity Scales issued by the American Academy of Ophthalmology in 2002 [1]. The DMP recurrence that developed following vitreoretinal intervention was identified by the presence of microaneurysms, microhemorrhages, hard exudates in the macular area, as well as macular edema, with the latter diagnosed on the basis of an increase in central retinal thickness (CRT) to 270 µm or more.

Preoperatively, ELISA was used to determine blood PDGF-BB, TNFα and ET1 levels with Human PDGF-BB Quantikine ELISA Kit (R&D Systems; USA), and kits from Bender Medsystems, and Biomedica Immunoassays (Austria), respectively. Polymorphisms of PDGFB (rs1800818; locus, 22q13.1; location, intron of 5'-UTR Variant) and TNFα (rs1800629; SNP in the promoter region, 308G/A; location, 6p21.33) were investigated by real-time polymerase chain reaction (PCR). At the first phase of the study, DNA extraction from venous blood was done using the Invitrogen™ PureLink Genomic DNA kit for purification of genomic DNA (Invitrogen Inc.) following the manufacturer's instructions. At the second phase of the study, real-time PCR was conducted using TaqMan Mutation Detection Assays (Life Technologies, Carlsbad, CA) and Gene Amp® 7500 PCR System (Applied Biosystems, Foster City, CA).

Ninety-five age- and sex-matched individuals without ocular pathology or T2DM were used as controls.

The study design and protocol were approved by the ethics committee of Shupyk National Healthcare University of Ukraine, adhered to the tenets of the Declaration of Helsinki and European Convention on Human Rights and Biomedicine, and were compliant with the relevant legal requirements of Ukraine. Informed consent was obtained from all patients.

Patients received one of the four types of surgical treatment: only 25+ three-port closed subtotal vitrectomy (CSTV; n=78); CSTV combined with internal limiting membrane (ILM) peeling (n=85); CSTV combined with ILM peeling and panretinal laser coagulation (PRLC) (n=81); and CSTV combined with ILM peeling, PRLC and cataract phacoemulsification (phaco) (n=69).

Follow-up visits were at months 1, 3, 6 and 12 after surgery.

Index of diabetic macular edema progression (DMEI) was used as the dependent variable and calculated as the mean speed of change in CRT over a year after the initiation of treatment for DMP (1).

$$DMEI = \frac{(CRT3 - CRT1)/T1 + (CRT - CRT3)/T2 + (CRT12 - CRT)/T3}{N-1} (1),$$

where CRT1, CRT3, CRT6 and CRT12 are CRT values at months 1, 3, 6 and 12, respectively;

T1, T2, and T3, duration of the period between CRT measurements in months (T1 = 2; T2 = 3; T3 = 6); N, number of CRT measurements.

Multivariate logistic regression analysis was used to develop a model in Statistica 10 (GLZ; StatSoft, Tulsa, OK, USA). A set of independent variables for the development of regression equations was formed based on the principle of availability and adequacy of the data that can be obtained in the initial period of patient observation at enrollment in the study. These variables were as follows: age, gender, severity and duration of T2DM, degree of hyperglycemia compensation as assessed by glucose and glycated hemoglobin (HbA1c) levels, DR stage and severity on the ETDRS scale, central retinal thickness (CRT0), blood levels of ET1, TNFα, and PDGF-BB, and genotypes of PDGFB rs1800818 and TNFα rs1800629 ("101", "102", and "103" were used as dichotomous values for wild homozygote, heterozygote, and minor homozygote, respectively). In the first phase of the development of multivariate regression models, significant predictors were selected from the set of independent variables based on the estimation of beta coefficients regarding the significance of their difference from the null hypothesis (p < 0.05).

The following formula was used to calculate the percentage effect of the selected regression characteristics on the dependent variable:

$$d_k = \frac{\beta_k^2 * 100\%}{\sum_{i=1}^n \beta_i^2} \tag{2},$$

where dk is the percentage effect of the characteristic; βk is beta coefficient of the independent variable of regression equation; and the term of the fraction represents the sum of squares of beta coefficients for all independent variables.

Results

Table 1 presents beta coefficients of the independent variables and their statistical characteristics determined when selecting significant predictors for the regression equation for predicting the progression of DME.

Fig. 1 shows the distribution of variables on the basis of their significance.

PDGFB rs1800818, TNF α rs1800629, blood PDGF-BB level and baseline central retinal thickness (CRT0) were found to be the most significant variables. A regression model for predicting DME was developed based on these results. Table 2 presents beta coefficients for independent variables, beta zero and relevant statistic characteristics for the multivariate regression equation for predicting progression of DME.

Given the absolute values of beta coefficients, the PDGFB rs1800818 (the predictor with the beta coefficient (|-8.525|) with largest absolute value) was the greatest contributor to the probability of developing recurrent DME, followed by TNF α rs1800629 (|2.700|), PDGF-BB (|0.029|) and CRT0 (|-0.005|). The DMEI was directly related to the dichotomous value of TNF α rs1800629 and blood PDGF-BB, and inversely related to the dichotomous value of PDGFB rs1800818 and CRT0.

The percentage contributions of selected independent variables in predicting the dependent variable were found

to be as follows: PDGFB rs1800818, 90.88%; TNF α rs1800629, 9.12%; PDGF-BB and CRT0 in combination, 0.001%.

The regression equation for predicting the probability of postsurgical DME recurrence in patients with T2DM is as follows:

where DMEI is the index of diabetic macular edema progression;

PDGFB is the dichotomous value for the rs1800818 genotype;

TNF α is the dichotomous value for the rs1800629 genotype;

PDGFBB is the blood PDGF-BB level expressed in ng/mL;

and CRT0 is the baseline CRT value expressed in μ m. A scatter plot (Fig. 2) shows actual versus predicted DMEI for patients with DMP.

The regression equation was satisfactory, because the coefficient of multiple correlation R (reflects the influence of predictors on the dependent variable) was 0.860, and the coefficient of determination R2 (shows how well a regression model fits the data) was 0.704. The statistical significance of the model was satisfactory (F = 219.06; p < 0.001).

Table 3 shows DMEI values calculated using formula (3). The genotype combinations are ranked in the order of increasing DMEI values. Possible combinations of boundary values of blood PDGF-BB level and CRT0 were used as blood PDGF-BB and CRT0 characteristics in calculations (Table 4).

A change from negative to positive values was seen in a combination of genotypes, TC-GA and TC-AA.

On the basis of the determined distribution of combinations of PDGFB rs1800818 and TNF α rs1800629 with regard to ranked DMEI values calculated using the developed regression equation, we performed the statistical analysis of actual DMEI values for patients with DMP on the basis of these genotypes.

We differentiated between the following types of the postoperative course of DME on the basis of DMEI values:

a regressive postoperative course (DMEI < -1.10) in the presence of genotypes CC-GG, CC-GA and TC-GG;

a stable postoperative course (-1.10 \leq DMEI < 1.13) in the presence of genotypes TC-GA and TC-AA; and

a progressive postoperative course (DMEI \geq 1.13) in the presence of genotypes TT-GG; TT-GA and TT-AA.

Discussion

This study aimed to solve a challenge facing ophthalmology in general and vitreoretinal surgery in particular today, to improve the efficacy of surgical treatment of DMP in patients with T2DM, on the basis of studies of etiologic and pathogenetic components of DMP, and identification of risk factors and prediction of

the development and progression as well as post-surgical recurrence.

In the first phase of the study, we analyzed the features of DMP in patients with DR and T2DM, and compared various types of current vitreoretinal procedures with regard to efficacy [7, 8]. No significant difference in the incidence of DMP and DME was found between patients with NPDR and those with PDR, and the incidence of DMP but not the incidence of DME depended on the duration of T2DM.

In the current literature, the concepts of DMP and DME are frequently believed to be identical. In this regard, we agree with Balashevich and Izmailov [1] that DME is a narrower concept than, and one of the most severe manifestations of DMP. It is for this reason that we have considered the development of DME separately. In addition, in all cases with DME, it was accompanied by certain signs of DMP, whereas there was no macular edema in some cases with DMP. In the presence of proliferative DR, macular edema developed practically in all cases of post-surgical DMP recurrence. Of the cases with DMP recurrence, approximately one third (37.5%) had DME at one month after surgery, and the absolute majority, during further surveillance (80.7% at 3 months, 84.4% at 6 months, and 88.5% at 12 months). This tendency was statistically significant (p < 0.001). There was no difference in the incidence of DME between the methods of treatment (p = 0.129).

The key pathogenetic mechanisms of DME in DMP are (a) increased permeability of the capillaries of the blood-retinal barrier (BRB) for plasma proteins resulting in an increased interstitial oncotic pressure (the oncotic mechanism) and (b) arterial hypertension which provokes an increased capillary hydrostatic pressure (the hydrostatic mechanism) [1, 14].

The search of risk factors and prognostic factors of DMP in patients with T2DM is still challenging [15]. In addition to clinical factors (disease duration and severity, degree of carbohydrate metabolism compensation, switching over to insulin therapy, smoking, and arterial hypertension) other factors of importance are regulatory factors [9, 15, 16].

It is no doubt that proinflammatory cytokines, such as TNF α , are important for insulin resistance development and mechanisms of T2DM development [17]. It has been demonstrated that TNF α modulates the effect of insulin on receptors by inducing phosphorylation of insulin receptor (IRS1) at serine residues 636/639 and impeding tyrosine phosphorylation of IRS-1 [18]. This prevents further activation of the PI3K/Akt and ERK/MAP-Kinase Pathways and glucose consumption [19]. Alternative serine/ tyrosine phosphorylation of IRS1 normally regulates the efficacy of insulin signal transfer, whereas TNF α was shown to stimulate multi-site S/T phosphorylation of IRS1 and IRS2, blocking their interaction with an IR juxtamembrane domain peptide and causing insulin resistance [20].

In our point of view, it is the pathogenetic factors important for the development of DMP that will play a key role in the postoperative development of disease complications and recurrence. In our studies, blood TNF α levels in patients were found to increased correspondingly with the severity of retinopathy (1.2-3.4 times; p < 0.01) [21], and the highest blood TNF α levels were found in PDR.

Vitreous cytokine levels in patients with T2DM who underwent posterior vitrectomy were significantly increased, especially in those with PDR [22, 23]. It is under conditions of PDR that Pyrin domain 3 (NLRP3) inflammasomes, the components of pro-inflammatory signalling complexes [22], mostly become activated. After surgery, the activity of the components of this complex increases, which determined the pathogenetic role of proinflammatory cytokines and their association with recurrent DMP. In addition to angiogenic cytokines, the study by Raczyńska et al [24] found pro-inflammatory cytokines to be important in the development of retinal ischemia under conditions of diabetes mellitus.

A study on the relationship of presurgical blood TNF α and the presence or absence of recurrent DMP found that, in the presence of recurrent FMP, blood TNF α was significantly increased, especially in patients with mild NPDR [21].

Genetic factors, particularly, polymorphisms, can be attributed to the factors contributing to the development of T2DM and its complications [25-29]. A meta-analysis was applied to integrate the findings from 10 studies (with a total of 1425 T2DM patients and 1116 healthy control subjects) to provide an overall assessment whether TNF- α -308G>A (rs1800629) polymorphism is associated with T2DM risk in a population of Han Chinese subjects. The pooled ORs (95% CIs) for TNF-α -308G>A of A vs. G allele and GA+AA vs. GG genotype were 1.63 (1.17–2.25) and 1.47 (1.17–1.85), respectively [29]. A Brazilian study [27] involving 745 outpatients with T2DM, including 331 subjects without DR, 246 with NPDR, and 168 with PDR, demonstrated that the A allele of the -308G>A polymorphism was (a) more frequent in subjects with PDR than in those with no DR (18.1% vs. 11.5%, corrected P = 0.035), and (b) independently associated with an increased risk of PDR, under a dominant model (adjusted odds ratio [aOR], 1.82; 95% confidence interval [CI], 1.11-2.98). Indian studies [28, 29] showed the association of TNF-α -308G/A (rs1800629) with the development of T2DM and its complications, which was accompanied by increased blood levels of TNF α , IL-6 and SDF-1.

A systemic overview by Luna et al [25] noted contradictory results of prior studies aimed at establishing associations between TNF- α -308G/A (rs1800629) and T2DM in various populations. They believe that ethnic differences may play a role in these conflicting results; the results of these studies suggest the need for further investigation.

Therefore, the data above pointed to an association of TNF- α -308G/A (rs1800629) with T2DM and its complications (particularly, DR and DMP), and provided evidence on the need for investigating a possible association of this SNP with recurrent DMP after surgical treatment of T2DM patients in a Ukrainian population.

We have previously [30] found an association between TNF- α -308G/A (rs1800629) and DMP: those with the minor A/A genotype exhibited a 2.59-fold higher risk (OR = 2.59; 95% CI: 0.89-7.52) of developing DMP. The heterozygous GA genotype was also found to increase the risk of developing DMP (OR = 1.61; 95% CI: 0. 98-2.65). Our multiplicative-inheritance model analysis found that the minor A allele was associated with a 1.87-fold increased risk (OR=1.87; 95% CI: 1.25-2.81) of DMP. We found no significant differences in genotype or allele frequencies between patients operated with different techniques, which provided evidence of the genetic homogeneity of the cohort of patients before surgery (p > 0.05).

However, previous studies by others [17, 26, 27] found that frequencies of minor AA genotype and A allele were significantly higher in patients with PDR. Therefore, our results were somewhat different from those studies. This may be explained by the fact that, all our patients, irrespective of the stage of their diabetic retinopathy, did have a marked pathological process before treatment, likely due to the presence of unfavorable factors, particularly, those of genetic origin. In other words, our study included patients exhibiting a rapid DMP progression and requiring surgery, which resulted in forced selection of DR variants with a very poor clinical course.

The model analysis demonstrated that the TNF- α (rs1800629) SNP exerted a significant effect on recurrent DMP at all follow-up time points [30]. Frequencies of risk variants of the TNF- α (rs1800629) SNP were significantly (p < 0.001) higher in patients with recurrent DMP than in those without it. Therefore, our findings directly demonstrated an important role of the TNF- α (rs1800629) SNP in recurrent DMP after surgery, irrespective of DR severity, surgical technique utilized, and follow-up time points. In addition, blood TNF α levels in carriers of risk A/A genotype and A allele were higher than in carriers of other genotypes; differences in these levels for patients with different genotypes and for those with different alleles of rs1800629 were significant (p = 0.004 and p=0.002, respectively) [11, 30].

It may be noted in the context of discussion on our findings that a meta-analysis [31] reviewed a number of studies on a potential association between SNPs of proinflammatory cytokine genes (TNF α , IL-6 and IL-1 β) with T2DM and its complications. Individual SNP analysis showed highest association of TNF- α rs1800629-AA genotype (OR = 2.75, 95% CI = 1.64-4.59, P = 0.001) with T2DM and diabetic nephropathy [32]. Those authors related it to the fact that TNF- α expression was increased by more than four-folds (n-fold=4.43±1.11), which was accompanied by a substantial increase in TNF- α blood level

in T2DM patients carrying the minor A/A genotype [32]. Another study [33] found that the minor A/A genotype and minor A allele of rs1800629 significantly increased TNF- α blood level, which was more expressed in patients with complications of T2DM.

Therefore, one can identify the following pattern of pathogenetic relationship: minor A allele carriage has a pathogenetic effect on the development of T2DM and its complications which exerts its action due to TNF- α overexpression leading to excessive TNF- α production.

We have previously demonstrated the role of increased platelet aggregation in DMP [34]. We continued the research in this area, and studied an important regulatory polypeptide, PDGF, which is a transmembrane glycoprotein with mitogenic properties [35], as well as PDGFB rs1800818.

PDGF has three isoforms, PDGF-AA, PDGF-AB, and PDGF-BB. The major source of PDGF in blood is from platelet alpha-granules, whereas the source in tissues is from fibroblasts, smooth muscle cells and astrocytes [35, 36]. PDGF-BB is secreted by activated macrophages and nonangiogenic endothelial cells; in contrast to other isoforms of PDGF, it is not rapidly released from the cell, but remains associated with the cell [37]. PDGF-BB is an activator of chemotaxis, cell proliferation, and the expression of the genes that regulate cell proliferation. PDGF-BB has an important role under conditions of hypoxia and ischemia, when it contributes to endothelial cell proliferation and neoangiogenesis and improves capillary permeability [36, 37]. Retina-specific expression of PDGF-B in transgenic mice has been reported to result in severe neovascularization and retinal detachment, which is typical for ischemic retinopathy [38].

A blood PDGF level in patients with T2DM was found to increase with an increase in severity of DR; particularly, blood PDGF levels in patients with NPDR and PDR were increased 1.6-fold to 2.2-fold (p < 0.001) [39]. In addition, blood PDGF level was the same for different surgical techniques. In each group, in the presence of recurrence, blood PDGF levels were 1.3-1.4-fold and statistically significantly (significance by the Mann-Whitney U test, p < 0.001) higher than in the absence of recurrence.

The levels of all PDGF isoforms in vitreous were significantly increased in the PDR group, as compared to controls, and PDGF-AA and PDGF-BB correlated significantly to the severity of PDR. It has been demonstrated that, under conditions of chronic hyperglycemia, post-receptor resistance to PDGF can develop through activation of protein kinase C (PKC)-delta, MAP kinase and protein tyrosine phosphatase-1 (SHP-1), leading to PDGF receptor- β (PDGFR β) dephosphorylation, which also increases apoptosis of vascular pericytes.

PDGF-B/ PDGFR β signalling is critical in formation and maturation of BRB through active recruitment of pericytes onto growing retinal vessels. In addition, impaired pericyte recruitment to the vessels showed multiple vascular hallmarks of DR due to BRB disruption [41].

We have previously built a regression model for predicting recurrent DMP based on the baseline PDGF blood level. The model performance measures were satisfactory, and the pre-surgery cut-off PDGF blood level for which the development of recurrent DMP became probable was > 51.8 ng/mL with 89.8% accuracy (p < 0.001), which demonstrated the pathogenetic importance of PDGF in the development of DMP and post-treatment DMP recurrence [11]. This is the reason why we directed our attention to the PDGFB SNP (rs1800818; locus, 22q13.1; location, intron of 5'-UTR Variant). The rs1800818 G allele was associated with decreased serum PDGF-BB levels in patients with severe fever with thrombocytopenia syndrome (SFTS) (p = 0.015), and the relative mRNA levels of the at-risk G allele of rs1800818 were lower than those of the A allele in heterozygous cell from acute phase of SFTS patients [42]. In addition, PDGFB rs1800818 A>G was associated with 3-year overall survival rates (A/A genotype, 78%; A/G genotype, 69%; [HR 1.37]; G/G genotype, 53%; [HR 2.12]; P = .048) in patients with colorectal liver metastasis who underwent liver resection and receive perioperative bevacizumab-based chemotherapy [43]. It was suggested that variations in genes involved in the angiopoietin and pericyte pathways may be predictive and/or prognostic biomarkers in patients with resected colorectal liver metastasis who receive perioperative bevacizumab-based chemotherapy [43].

We have previously found that the distribution of rs1800818 genotypes under the general model of inheritance showed no association with DMP ($\chi 2=5.38$; p=0.068) [44]. The allele frequency comparison under the multiplicative model of inheritance, however, did show an association with DMP ($\chi 2 = 5.43$; p = 0.020), with those with the minor C allele having a 1.5-lower risk (OR = 0.67; 95% CI: 0.48-0.94) of developing DMP. The findings demonstrated an association between SNP rs1800818 in PDGFB and reduced risk of DMP and post-surgical DMP recurrence. With regard to a difference in blood PDGFB level among carriers of different genotypes, a significant difference was found only between carriers of different alleles, and blood PDGFB level in carriers of the C allele 1.2-fold and significantly (p=0.001) lower than in carriers of the T allele [44].

Because a protective role of this SNP against DMP and DMP recurrence has been established, it may be supposed that it is due to a low blood PDGFB level that carriers of the C allele have a low recurrence risk.

Conclusion

First, SNP rs1800818 in PDGFB, SNP rs1800629 in TNFα, blood PDGF-BB level, and CRT0 were found to be significant predictors of the risk for DME recurrence. Second, the calculation of DMEI values allowed to divide possible genotype combinations into three groups: those promoting the regression (CC-GG; CC-GA; TC-GG), those with a stable DMEI value (TC-GA and TC-AA), and those promoting the progression of DME.

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Conflict of Interest Statement:

The authors declare no conflict of interest which could influence their opinions on the subject or the materials presented in the manuscript.

Table 1. Beta coefficients of the independent variables and their statistical characteristics determined when selecting significant predictors for the regression equation for predicting the progression of DME

Predictor	β	±SE	95% CI	t	Р
1	2	3	4	5	6
Age	0.076	0.076	-0.075-0.226	0.99	0.320
Gender	-1.744	1.479	-4.669-1.182	-1.18	0.240
Stage of T2DM	0.686	1.543	-2.367-3.738	0.444	0.657
Disease duration	0.067	0.080	0.092-0.226	0.838	0.404
Glycemic compensation	-1.051	0.929	-2.872-0.769	-1.14	0.255
Compensation as assessed by HbA1c	-0.441	0.959	-2.339-1.457	-0.46	0.647
Degree of DR	1.148	0.642	-0.115-2.412	1.788	0.075
CRT0	-0.005	0.002	-(0.009-0.001)	-2.56	0.011
ETDRS score	0.005	0.015	-0.024-0.034	0.34	0.732
ET1	0.145	0.775	-1.391-1.681	0.19	0.851
TNFα	0.047	0.026	-0.004-0.099	1.81	0.070
PDGF-BB	0.073	0.028	0.018-0.128	2.61	0.009
rs1800629 in TNFα	7.175	0.552	6.088-8.261	12.99	<0.001
rs1800818 in PDGFB	-9.868	0.372	-(10.600-9.137)	-26.54	<0.001

Note: β , a coefficient of regression equation; \pm SE, standard error for the coefficient; 95% CI, 95% confidence interval; t, Student t test; p, significance of a difference from the null hypothesis

Table 2. Beta coefficients for independent variables, beta zero and relevant statistic characteristics for the multivariate regression equation for predicting progression of DME

Predictor	β	±SE	95% CI	t	р
CRT0	-0.005	0.002	-(0.009-0.001)	-2.55	0.011
PDGF-BB	0.029	0.015	0.001-0.059	1.99	0.047
rs1800629 in TNFα	2.700	0.422	1.867-3.526	6.39	<0.001
rs1800818 in PDGFB	-8.525	0.402	-(9.316-7.734)	6.395	<0.001
beta zero	593.491	72.560	450.716-736.267	8.179	<0.001

Note: β , a coefficient of regression equation; $\pm SE$, standard error for the coefficient; 95% CI, 95% confidence interval; t, Student t test; p, significance of a difference from the null hypothesis

Table 3. Statistical characteristics of index of diabetic macular edema progression (DMEI) for combinations of genotypes, rs1800818 in PDGFB and rs1800629 in TNF α , in patients with DMP

Geno	types	Min	01	Me	02	Max	05% PI
PDGFB	TNFα	Wiin	Q1		Q3		95% BI
CC	GG	-25.89	-19.61	-15.19	-10.00	1.39	-(16.88-12.30)
CC	GA	-23.44	-19.61	-10.06	1.89	3.56	-(18.14-2.86)
TC	GG	-12.33	-4.22	-2.44	-0.67	0.50	-(3.27-2.28)
TC	GA	-6.39	-1.50	0.00	2.00	5.00	-1.10-1.07
TC	AA	-6.09	-1.90	0.00	2.28	5.10	-0.99-1.13
TT	GG	0.50	0.94	2.33	5.72	12.67	2.24-4.74
TT	GA	0.667	4.17	6.67	8.33	18.05	5.86-7.63
TT	AA	3.00	7.78	8.89	13.06	27.55	8.82-12.20

Note: Me, median; Q1 and Q3, the first and third quartiles, respectively; Min and Max, minimum and maximum values in the sample; 95% CI, 95% confidence interval

Table 4. Statistical characteristics of CRT0 and PDGF-BB in patients with DMP

Characteristic Me		Min	Max	
CRT in µm	320.0	195.0	880.0	
PDGF-BB in ng/ml	56.32	19.30	88.75	

Note: Me, median; Min and Max, minimum and maximum values in the sample

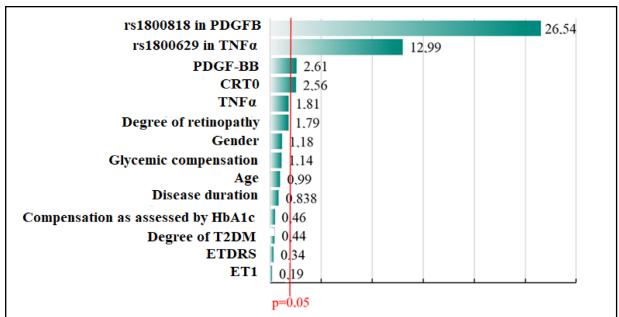


Fig. 1. Pareto chart for the independent variables in the regression equation for predicting the progression of DME. The horizontal axis displays Student t values. The red line indicates the significance level of 0.05.

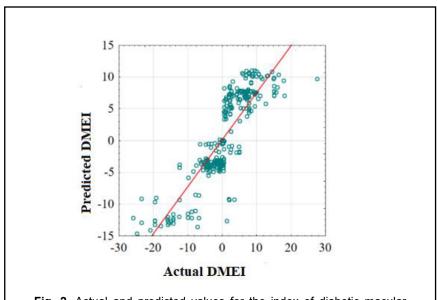


Fig. 2. Actual and predicted values for the index of diabetic macular edema progression (DMEI) indicated as bubbles and the red line, respectively